

WIDENING THE WELCOME AND DEEPENING THE SUPPORT

FAITH COMMUNITIES RESPONDING TO MENTAL ILLNESS

**February 28th,
7-9pm
&
February 29th,
8:30am-12:30pm**

Conference Venue and Host:

Temple Beth Israel
3033 N. Towne Ave., Pomona

**Sponsored by the Interfaith
Collaboration on Mental Health**



Dr. Gloria Morrow

Dr. Gloria Morrow is a clinical psychologist with national prominence. Her expertise includes depression, anxiety disorders, relational concerns, and a variety of issues relative to ethnicity, race, and culture. She is well known for her understanding of the capacity of faith communities to serve individuals and families impacted by mental and emotional distress.

This two-day learning event is in response to the increasing interest of faith communities in mental health issues. The conference held last May showed that congregations are becoming more responsive to the mental and emotional needs and crises of their members.

This event will offer practical knowledge, resources, and skills to help your faith community effectively respond to mental illness within your membership and in the broader community. Learn how to widen your welcome and deepen your support.

Evening Session (2/28/11) 7-9pm

- Keynote address by Dr. Gloria Morrow
- Interfaith Panel Response
- Q & A

Day Session (2/29/11) 8:30am-12:30pm

- Reflections by Dr. Gloria Morrow
- Q & A
- 7 Practical Learning Workshops

Conference Organizers:



“Hope can and will come from the least suspected quarters, whether in the secret corner of our own hearts or of others.” L. Stuhl Mueller C.P.



Registration

Evening Session: Free

Day Session: \$15

Pre-register or at the door.

Space is limited so advance registration is encouraged.

**Make checks payable to NAMI PV and mail to:
NAMI Pomona Valley
P.O. Box 537
Claremont, CA 91711**

Name: _____

Organization: _____

Position: _____

Email: _____

Phone: _____

Address: _____

Lunch: February 29th 12:30-1:30pm

Optional lunch hour exploring action alternatives and develop next steps. Free will offering to cover lunch costs.

For more information contact NAMI PV:
(909) 625-2383 or namipv@verizon.net



Workshops

Check 3 that interest you

Basics of Major Mental Illnesses:

Through an introduction to the 12-hour course, Mental Health First Aid, you will learn about some of the most common mental illnesses including depression, anxiety, psychosis, and substance abuse. Common symptoms and a basic response strategy will be introduced.

Forming a Mental Health Team:

Options for ongoing outreach and support for individuals with mental illness and their families. Gain practical strategies that can be implemented quickly in your faith community. Emphasis on forming a mental health team or mental health advocacy position.

Ways Mental Illness can Manifest in your Faith Community:

Mental health issues can manifest in both subtle and obvious ways in a congregation. Learn to recognize how your faith community can be affected by disruptive behavior and undiagnosed illnesses and how you can respond appropriately.

Advocacy for Improved Services:

Learn the why, how, and what of advocacy at the national, state, and local levels for urgent and long-term improvements in the spectrum of mental health services.

Resources and Referral:

Improve your ability to refer individuals in your community to local resources. Find out what is available locally to assist those in need of housing, food, employment, healthcare, etc.

Family and Mental Health:

Mental illness doesn't just affect individuals, it greatly impacts families. Learn about common family issues that develop when challenged by a mental illness. Receive information about coping skills and ways you can further educate yourself through classes offered by NAMI and the Tri-City Wellness Center.

Faith, Culture, and Stigma:

Become more aware of how stigma towards mental illness is evident in different faiths and cultures. Find ways to overcome cultural barriers to giving and receiving help in your faith community.

