



June 2009

NEXT FOR THE NAPIER INITIATIVE

With \$490,000 having been raised for the Napier Initiative before a dark cloud descended upon the economy, the group planning this project is now focused on three key tasks with important long-term consequences – and each with ways for Pilgrims potentially to be involved.

1. Steps are being taken for the production of a short DVD and a small book that tell the Joy-and-Davie-Napier story. When active fund-raising efforts resume among people around the country who knew the Napiers, both pieces will play useful roles in that process.

Do you have photos and/or stories about Joy and Davie that you would be willing to share with those creating the DVD and the book? If so, Gene Boutilier or Paul Minus would love to hear from you. Copies of your materials will become part of the Napier archives at Yale Divinity School.

2. Now with enough money raised to launch the Napier Awards for Creative Leadership, plans are underway for dissemination of Awards information at the Claremont Colleges during the 2009-2010 academic year. The first conferring of Awards is projected for February 2011.

A task force chaired by Tom Duggan has begun the important work of identifying teams of Pilgrims who will assist with the Awards process in the three areas of racial justice, global peace and care of the Earth.

3. The plan to confer the first Napier Awards among graduating seniors at the five Claremont Colleges provides Pilgrim Place with an opportunity to work more deliberately at building ties with our cross-town neighbors in the colleges. To this end, the Napier Initiative Planning Committee is developing a series of forums that will bring to our campus distinguished Claremont Colleges faculty whose expertise lies especially in areas overlapping with the Napier Awards.

Our first Napier Forum visitor will be Professor Ronald E. Riggio, Director of the Kravis Leadership Institute at Claremont-McKenna College. All Pilgrims are invited to attend: Friday, June 12, 11:00 a.m. at Scrooby Lounge.

-Paul Minus

ARTS OF SOUTHEAST ASIA CELEBRATED

The 39th annual Celebration of the Arts will be held Saturday, June 13 from 10:00 a.m. to 3:00 p.m. at the Petterson Museum, highlighting the culture and arts of SE Asia.

Festivities begin with a Burmese Dance Group performance at 10:00 a.m, followed by a Burmese Children's Choir at 10:30 a.m. A Thai lunch will be served (\$6 from Bangkok Blue Restaurant) from noon to 1:00 p.m, followed by a Thai Dance Group that will perform at 1:00 p.m., a Burmese Dancer at 2:00 p.m. and a Vietnamese Dance Group at 2:30 p.m.

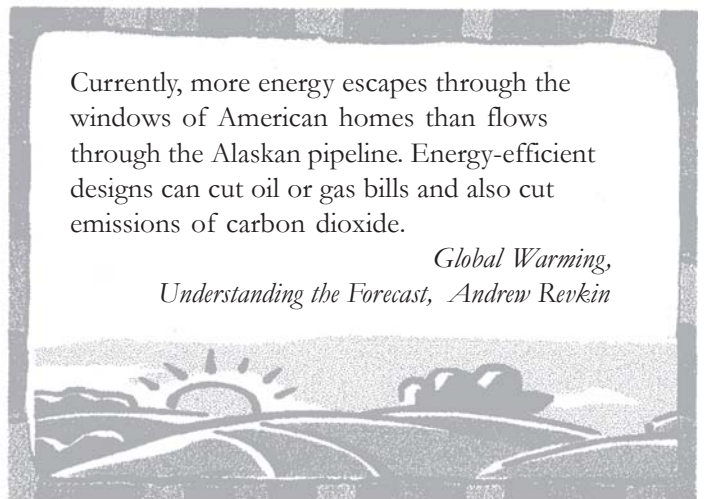
Throughout the day, visitors will have an opportunity to "experience life" in SE Asia through folk art and artifacts exhibited at the Museum and at the "show and tell" booths of artifacts, pictures and stories shared by residents who served in the region. A variety of children's activities will also be featured.

Sponsored by the Petterson Museum Friends, our annual spring celebration at the Museum is a feature of life in Claremont that had it voted "one of the most festive cities in California" several years ago. Come and bring a friend.

-Dwight Vogel

Currently, more energy escapes through the windows of American homes than flows through the Alaskan pipeline. Energy-efficient designs can cut oil or gas bills and also cut emissions of carbon dioxide.

*Global Warming,
Understanding the Forecast, Andrew Revkin*



A PERSUASIVE IDEA NOT ONLY IN PILGRIM PLACE

Over a year ago I suggested that there was a “1% solution” to the long term viability of Pilgrim Place. Recently we received word that a retirement community in Ohio, the Oaks Foundation, read about our “1% solution” idea and urged their residents to use this formula too. They were inspired by the idea.

Since that time we have opted for CCRC status as one means of guaranteeing our survival as a stand alone corporate entity. However, this does not mean that we are home free in the quest for long-term survival. Our Endowment still needs strengthening for that goal. It is Endowment income that will assure the survival of a community such as ours with our unique intentional inclusiveness. It is Endowment income that will keep our fees from being prohibitive for many. It is Endowment income that will keep us afloat whenever the next economic crisis comes.

So let me remind ourselves what the “1% solution” is. Each of us owes it to our fruitful life here in the evening years of our lives to specify in our wills that 1% of our residual estates will be given to The Endowment Fund of Pilgrim Place for each of the years we have spent here. For me, that specification in my will now adds up to 22% of whatever resources I have at the time of my death. And that percentage keeps growing. One of my three sons has said, “Let it all go to Pilgrim Place.” When and if the other two sons should say the same thing, I will change my will from a 1% formula for each year I will have lived here to a 100% formula. Though mine is not a large estate, it is (or I hope it will be) measurable. I believe participation is more important than size. That, after all, is one high value of our community.

Since my writing about the “1% solution” formula for our Endowment gifts, a goodly number of fellow Pilgrims have indicated they have revised their wills accordingly. This is encouraging for our long-term need to improve the corpus of our Pilgrim Place Endowment (not the Davis Endowment, which is a separate matter.) The revision in my will is clear and it explicitly states that it is the Pilgrim Place Endowment Fund (not just Pilgrim Place) that is to receive my “1%” for every year I have lived here. The reason to be specific about designating The Endowment Fund of Pilgrim Place and not just Pilgrim Place is so that whatever I give contributes to the long-term income fund not just the annual budget need of the year I depart this mortal coil. Is your Will clear on this too?

If you'd be interested in exploring the “1% solution”, please contact me.

-Russ Becker

MySpace.mod

In this monthly column, I have tried to share with you what I have been learning as your 2009 Moderator. For me, I have continued to be on an interesting learning curve. In my first column, I predicted that I will survive this position because people say “yes” to my requests for help. Then, I observed that most of us sleep well at night because we work so hard with our many committees, special assignments and interest groups. A few months ago, I counted 48 in all. Then last month I reflected on Gordon Douglass’ “Gifts of Labor” study that calculated volunteer labor by Pilgrims to be worth a bit more than a million dollars a year toward the operation of Pilgrim Place.

Now, Mary Douglas and I are working on what we are calling the “Master Handbook” of committees, special assignments, and activities. Our challenge is to be as inclusive as possible about how Pilgrims organize our intentional community. The goal of this project is to develop a document that contains information about all the groups, activities and organizations, including those related to Town Meeting, that will be updated each year. To date, we have identified 73 fascinating committees, assignments and interest groups. These groups fall into three categories: Town Meeting committees, including Festival committees such as pottery, bakes and sweets, vintage clothing, and used books; Scrooby Club; and independent groups such as hand bells, Monday evening bridge, Petterson Museum, Andiron, and World Affairs to name but a few.

For the benefit of all Pilgrims we are enlarging our “Master Handbook” so that everyone can be informed of the array of activities that exist, and in doing so perhaps discover additional opportunities for personal engagement with activities that were previously out of their sight. The chairpersons who have been asked to complete our questionnaire play a key role in assisting us with this project of updating and expanding our present Handbook. If these people have not done so, please complete and return the questionnaire to Mary by Friday, May 29. I, for one, continue to be amazed about what goes on here at our Pilgrim Place home. For everyone's benefit, we are anxious to have our “Master Handbook” in place before the end of this year. This Handbook, I am certain, will contribute to your learning curve.

-Dean Freudenberger

Considerations from the CEO

Living with Less – Expecting More

Those who lived through the Great Depression of the 1930's and World War II have a unique perspective about our current recession. During two recent conversations with residents and from the e-mails/phone calls I received about how the economic downturn of 2009 is impacting our community, I learned that some are definitely more challenged by this decade's financial melt-down than others. Still, most are feeling the pinch of "living with less" and somewhat anxious about the future, both their own and that of Pilgrim Place.

It's understandable that the losses many are experiencing get translated into fears of not having sufficient resources for coming days...and that the transitions Pilgrim Place are going through as a CCRC and the Campus Development Project might leave us financially vulnerable. By openly sharing these concerns with each other, I believe that we have an opportunity to revisit what it means to be part of an intentional community that has thoughtfully planned for its future. Hopefully, they are both stress-relievers!

On the personal side, many residents note they are simply learning to live with less. One person wrote, "whatever we do, we now try to enhance the quality of our days by living simply...by being more fully in the moment as opposed to just going through the motions. We seem to get more for less as a result." Someone else noted, "I think the best action is 'inspired generosity.' Don't be afraid...share your resources wherever you can. We're all in this together." Another was reminded of a lesson she had learned many times over about "the difference between a 'need' and a 'want.'" And finally, it's not surprising that concern about limiting financial support for a variety of charitable causes is very painful to many of our residents.

With regard to Pilgrim Place's vulnerability, be assured that our status as a CCRC has already greatly strengthened our financial foundation. Anticipated entrance fees for homes available on campus between now and the fall are more than double what we have received annually in recent years. Applications from prospective residents are stronger than ever. All the apartments in the proposed Norton Garden building

have been reserved by future Pilgrims with the potential of generating over \$2 million in additional entrance fees when move-in occurs. You can understand why we're anxious to get this project underway as soon as possible!

Encouraging as this may be for the long term, there's no doubt that Pilgrim Place will need to "live with less" in the near future. Our ability to increase rents and fees will undoubtedly be limited by diminished resident incomes from pensions and invested funds. Charitable giving from all sources is also likely to be compromised. As a result, we may need to trim some programs and become even more resourceful in funding operations over the next few years.

Our entire community – residents, staff, Board volunteers - will be called upon to offer their creative ideas, assistance and energy in addressing these immediate financial challenges. I am encouraged that our resilient, intentional community...grounded in the very real possibility of our promising future...will help us weather this current storm. Our expectations for tomorrow are high, even as we learn to live with less today. Perhaps, as those who made it through even tougher times than these might say, it is because we are challenged to live with less that we can expect even more.

*-Bill Cunitz
President/CEO*

RESIDENTS' ANNUAL GIVING

As of May 21, 2009

Cash received:	\$82,093.31
Pledges outstanding:	64,380.44
Total:	\$146,473.75

Units participating: 121 plus 8 who have made pledges but have not paid for a total of 129.

Please contact Joyce Yarborough at 399-5511 or joyce@pilgrimplace.org if you want to help us be good stewards of our planet by receiving this newsletter online.

ANNOUNCING

OUR DINING HALL, OUR HEALTH & THE EARTH'S WELL-BEING

Eating in the dining hall is something we do everyday. How is this a contribution not only to our health but the health of the earth?

The Dining Services Forum Monday June 8, 10:30 a.m., Decker will focus on Morrison's ecological and sustainability policies. "We believe that the health of our eco-system is directly connected to the health of our communities and the people who live in them."
(From the Compass/Morrison Platform on Sustainability)

Hear about policies on buying locally, seafood from sustainable sources, cage free eggs, poultry without antibiotics, milk free of artificial growth hormones, waste reduction, packaging from renewable resources, and more. Bring your questions and comments.

-Bill Moremen

LOOKING AT AFGHANISTAN

Through the experiences of women (a medical doctor, a teacher, and a women's rights activist), Afghanistan's recent history of three wars and the accompanying trauma is chronicled in an 80-minute film called "View from a Grain of Sand." The film helps us understand the complex and tragic situation in which American foreign policy is entangled. In these days of increasing United States involvement, it behooves us to know more about the life of the Afghan people and their aspirations. Plan to attend this event - co-sponsored by World Affairs Forum and Peace Network - Wednesday, June 10, 10:30 a.m. to noon in Decker.

-Pat Patterson

HEALTH & WELFARE FORUM

Cynthia Cecil of the Clinebell Institute will lead a forum on "Relationships Make the World Go Around" Wednesday, June 17, 11:00 a.m. in Decker. Her talk will focus on learning to transform relationships so that they satisfy each other's needs. It will be about deepening dialogue with family as well as fellow residents.

For those who want to explore these themes further, there will be the opportunity to participate in workshops this summer.

-Bob Wallace

SMALL GROUP, ANYONE?

Woman's Perspective tries to play matchmaker, but without much information, let alone a FaceBook. We have heard of a few people who would like to find a small group, Friendship Group, Spirit Sisters or whatever, and have heard tell of at least one group that wasn't happening anymore. IF YOU ARE INTERESTED in being in a group, adding to your group, trying to start a new group, maybe we can help? Call Liz Moore 624-8618 or Cheryl Brown 230-3564.

REGISTER NOW FOR THE 4TH OF JULY 5K

The first event on the 4th of July in Claremont is the 5K run/walk starting at 8:00 a.m. It is a great festival of fun and fitness for people of all ages. The race begins at Memorial Park on 8th and Yale. The race winds through the scenic streets of Old Claremont and the beautiful tree lined streets of the Claremont Colleges. You can run, walk, or stroll. There is also a 1K Family Fun Walk beginning at 7:30 a.m. There is a continental breakfast for all participants after the race. Ten or more entered as a group from Pilgrim Place get a discount, \$20 along with a T-shirt. Group registration must be submitted in June. See Bill or Grace Moremen for registration and information.

PILGRIM TOURS SAYS: "SEE YOU IN SEPTEMBER!"

Our thanks to all for your support and participation in our first season as replacements for Dorothy and BJ. You've been great! We have discovered, however, that with so many residents traveling throughout the summer months it's difficult to fill the bus for *any* trip with enough passengers to bring the cost to an affordable level. We do encourage Pilgrims to continue to be on the watch for local summer happenings that we all can get to on our own. Luckily there are lots of those!

Coming Saturday September 12: *I Love LA!* A walk/ride tour of Downtown Los Angeles. There will be several opportunities to get off the bus to be up-close and personal with the many architectural gems at the very center of our great megalopolis. On several occasions, you will have a choice: Stay on the bus to travel to the next stop. Or get out and walk. Either way one of your guides will be right there with you to fill you in on the inside story!

Have a wonderful Summer!

-Dale and Jeanne

As I See It

*A supplement for Pilgrim Place NEWS
for expression of mind and heart offered
for common thought.*

**For what elements about Pilgrim Place are you most grateful?
What about this community sets your heart and mind to singing?**

The interaction that develops through our daily midday meal remains high on my list and actually does set my heart and mind to singing. Entering Abernethy daily and Pitzer Dining Room weekly, filling my plate with delicious food, and settling in at a table, I am joyfully reminded that we are surrounded and undergirded by a remarkable extended family. The care for and the fresh learnings from one another at our meal gatherings keep arising and growing. These qualities spill over into our interaction as health advocates, as drivers taking folks to airports and appointments, as sights-and-sounds experts, in stimulating book groups, contemplative groups, support groups, and in all the creative artistry of painters, authors, musicians. And we remember with enormous gratitude the management team and staff who enable the daily round to happen effectively – in dining services, in nursing care, in support of buildings and grounds, in the intricate processes of admissions, internal moves, and ongoing administration. The list never ends. The singing goes on and on!

For the song to continue at Pilgrim Place, our financial support is needed. I find it worth remembering that our rents and fees are set at slightly less than actual costs. Therefore, our Residents' Annual Giving sets the tone for the charitable contributions of others, beyond this place, who are supportive of this beloved community. As a member of the Residents' Annual Giving Committee, I thank you who have already given or pledged to RAG. To you who have not yet pledged, I write to ask you prayerfully to consider your financial contribution to sustain our community. Even if you must contribute a smaller amount than before, please give it. We would like to have one hundred per cent participation of residents living in independent and assisted living housing.

With you, I am well aware of the reduction of income as pensions and investments have diminished, drastically for some. With you, Gene and I have looked carefully at our budget, considering where we can cut back on expenses. We have looked afresh at our charitable contributions, with a commitment to giving especially to those organizations most in need and most related to our religious and social justice convictions. We are convinced that Pilgrim Place is one of these. I am convinced that what we contribute as individuals or couples is essential for the ongoing life of this intentional community that we love and that is life-giving for us.

I invite you to join other members of the RAG Committee and me in our support of Pilgrim Place through Residents' Annual Giving. Please feel free to raise questions with any of us. Come along as we continue to sing together at Pilgrim Place!

*-Barbara Troxell
Residents' Annual Giving Committee*

As I See It

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I was very pleased when Anna and I for the first time attended the Pilgrim Place Memorial Service in Oak Lawn Cemetery last spring. Both the speakers and the music in the brief service made it a beautiful and respectful memorial of those pilgrims who have preceded us. We certainly will attend again this year and encourage those who haven't ever attended a service to come as well.

However I have thought that a more appropriate time to honor pilgrims would be on All Saints Day on November 1st. This is the date on the Christian calendar especially designated for honoring the memory of all the saints who have gone before us. In this country, especially among Protestants, it doesn't get the attention that it does in Europe where the cemeteries are crowded with people coming to pay respects to their family members and friends who have died.

Memorial Day, or *Decoration Day*, as it was called when I was a youngster, was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic and first observed on 30 May 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. It quickly became observed in many communities, especially in the northern states. In my family Memorial Day was second only to Christmas in its importance. Weeks ahead my dad would bring home bundles of small American flags provided by the American Legion, while my mother came home from the Auxiliary meeting with hundreds of paper poppies. My older brother and sister went with our parents to all the nearby cemeteries to decorate the graves of veterans with the flags. Before that we also went door to door to houses, stores, restaurants, theaters and pinned the poppies on people who wished to honor those who had served our country. Then on Memorial Day we marched from the City Hall to the graveyard of the First Presbyterian Church for the community memorial service. We also attended services at as many of the other cemeteries that we could.

MY SUGGESTION: Let us have in May a service to honor those pilgrims who either have been victims of wars, have served in the military, or alternative service. Then in November have a second Pilgrim Place service to honor all pilgrims who have died for their service to the Kingdom of God.

-Kenneth Houglund

PATIENTS ADVOCATE: A HEALTHY CHOICE

Although she was accidentally drawn into health advocacy when neighbor Ruth Borden needed assistance, Barbara Troxell soon realized how much she enjoyed it. *"I'm good at this!"* she found, then signed up for Volunteer Patient Advocate training sessions. She learned to keep better records and to coach Ruth in preparing for appointments. Barbara learned more about her neighbor's condition, gained skill in questioning doctors and encouraged Ruth in following doctor's orders. Mutual affection and family communication deepened. When time came for Ruth to move into assisted living, Barbara committed to serve as her advocate *"til death do us part."*

Leaders like Barbara Troxell eventually retire from denominational service but rarely retire from the desire to serve others. When longtime friend Marge McWilliams asked Barbara to become her advocate, she listened carefully and prayerfully. When Marge decided it was time to welcome death, Barbara supported her right to restrict visitors, decline medical treatment and food. It was a profound journey.

How can I learn to do this?

Pete Nelson's youthful service as a Navy medic left him at ease with medical matters. His deep feeling for people led him toward health advocacy. After brushing up on old skills and learning some new ones, he felt ready to accompany Barrie Gray. Pete took part in six Volunteer Patient Advocate training sessions co-led by Donna Ambrogi and John Denham to practice:

- increasing his own health awareness
- establishing a new advocate-patient relationship with Barrie
- helping his neighbor prepare for medical visits and surgery
- practicing communication skills with health care professionals
- understanding Barrie's medical and lab reports
- learning how to do medical research when appropriate
- understanding the scope and limitations of volunteer advocacy
- discerning what kind of a commitment to make.

Donna and John designed the Volunteer Patient Advocate program to link folks who are facing health challenges with willing neighbors. They recruited a teaching team of experienced advocates to lead

About Pilgrims

During this year's commencement season at the Claremont Colleges, **Fred Sontag** was awarded the Pomona College Trustees Medal of Merit for his distinguished academic career—teaching, mentoring, and inspiring students during 57 years as Professor of Philosophy at the college, as well as being "a major force in philosophy in as many years" as the author of 27 books.

During the City of Claremont's Artwalk on the first Friday in May, **Henry Hayden's** work was featured at a local business - with a portion of any sales donated to our Health Services Center.

THANKS

I want to thank all the Pilgrims and staff who donated the "Gift of Life" at the Blood Drive at the Claremont Presbyterian Church. Your gift will be appreciated by many persons who receive the blood. Special thanks to Pat Beswick, Gail Duggan and Elsie Harber for helping Red Cross staff during the day. Out of 32 persons who came to donate, we received 29 "good" units. A very successful day!

-Ruth Auld

WEDNESDAY MEALTIME PRAYERS

Hereafter the Wednesday noon community prayer will be printed in the Wednesday Announcement sheet. If you are asked to pray that day, you will lead the prayer that is written on the announcement sheet. If you wish to use your own prayer on Wednesday, please be sure it is written in inclusive language and turned in to Sue Likens by Monday of the week you wish to lead. Thank you.

-Judy Chatfield

practice sessions for folks to gain skill and confidence. *"Some people,"* affirms Donna, *"are natural advocates. They just do what comes naturally, and coach others in doing the same."*

Thirty (30) trained health advocates are now assisting residents of Pilgrim Place. Most refer to a basic text **YOU, THE SMART PATIENT: AN INSIDER'S HANDBOOK FOR GETTING THE BEST TREATMENT** by Michael F. Roisen, M.D., and Mehmet C. Oz, M.D.

The Pilgrim Place Patient Advocate Training Program is available to churches and retirement communities in Southern California. *-Judith Favor*

Calendar

Thursday, June 4

7:00 p.m. Vespers
Holden Evening Prayers

Sunday, June 7

10:15 a.m. HSC Worship
Leader: Eva Fleischner
Piano: Eleanor Dornon
Soloist: Becky Dornon

Monday, June 8

10:30 a.m. Dining Services Forum •

Wednesday, June 10

10:30 a.m. Looking at Afghanistan •

Thursday, June 11

11:00 a.m. Napier Forum Speaker •

7:00 p.m. Vespers
Leader: Gordon Winsor
Pianist: Yasuko Shorrock

Saturday, June 13

10:00 a.m. - Celebration of the Arts •
3:00 p.m.

Sunday, June 14

10:15 a.m. HSC Worship
Leader: Henry Hayden
Pianist: Bill Cundiff
Soloist: Hayden Adams

Tuesday, June 16

1:30 p.m. Copy Deadline for July NEWS

Wednesday, June 17

11:00 a.m. Health & Welfare Forum •
7:00 p.m. Emily Dickinson Conversation
Scrooby Lounge

Thursday, June 18

7:00 p.m. Vespers
Leaders: Ken Dale & Kenneth Davis
Pianist: Eloise Dale

Sunday, June 21

10:15 a.m. HSC Worship
Leader: Marie Losh
Pianist: Halee Spriggins
Soloist: Nancy Wittler

Thursday, June 25

7:00 p.m. Vespers: Taize

Sunday, June 28

10:15 a.m. HSC Worship
Leader: Tom Duggan
Pianist: Yasuko Shorrock
Soloist: Mary Russell

• Denotes NEWS Item

HSC CHAPLAIN

Ken Hougland

JUNE GUEST ROOMS

Primary / Carolyn Loper / 625-4882
Back Up / Eleonore Powell / 621-9369

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