



November 2009

## PILGRIM PLACE RESOURCE PARTNERS

Pilgrim Place Resource Partners (PPRP) was established two years ago to accomplish two things:

- to increase Pilgrim Place's visibility by linking Pilgrim talents with the needs of local area churches, denominational offices and non-profit agencies.

- to provide additional income for the Pilgrim Place Residents' Health and Support Program.

The idea is quite simple. We have talent and experience which is 'marketable' and needed in the wider community. For example Donna Ambrogio and John Denham have done training for Health Advocates. And Judith Favor's series of spiritual guidance workshops were received with great enthusiasm at the Los Altos Methodist Church in Long Beach. Fees from each of these services and others like them have already added to the Residents' Health and Support Program.

We invite you to give some thought to exploring ways **your professional experience and well practiced talents might be shared with the Pilgrim Place Resource Partners.** We believe that there are many talents among Pilgrims for which churches, denominations or non-profits might be willing to pay (even in these tough economic times). PPRP is currently in dialogue about the ways in which Pilgrims might provide:

- mentoring services to young clergy
- assistance with the tasks of fund raising and budgeting
- a series of meetings on prayer, bible study or spiritual development, etc.
- worship and music leadership/renewal

To further discuss the Pilgrim Place Resource Partners, two meetings have been scheduled: Wednesday November 18, 10:00 a.m. and Friday November 20, 1:30 p.m. - both in Scrooby Lounge. Come to one of these meetings and learn more about PPRP and how you might help to extend your talent on behalf of Pilgrim Place and the Residents' Health and Support Program. Pilgrims on the Steering Committee are available to answer questions: John Denham, Elizabeth Clarke, Judith Favor, Paul Minus, and Ron and Janet Evans, Co-chairs.

## COMMUNITY THANKSGIVING EVENTS

### Claremont Interfaith Service

Wednesday, November 25 - 7:00 p.m.

Temple Beth Israel

All faiths & denominations welcome!

### 5K Run or Walk

Thursday, November 26

Course starts & ends at Claremont Depot, winding through Village & Colleges.

10 or more residents - can get group rate  
\$20 per person

For more information, see Bill Moremen

Water says, I flow on and on. I deal with obstacles by persistence and flexibility. Take those two gifts for your lives and your work for the planet.

*The Council of All Beings,*  
Pat Fleming and Joanna Macy



## BUILDINGS & GROUNDS TO THE RESCUE

We are fortunate indeed to have a building and grounds operation at Pilgrim Place that responds rapidly, sometimes within 24 hours, to our needs. Our well-trained and carefully supervised workers are consistently friendly and resourceful.

Have you seen the newly published *Building and Grounds Services for Residents in Independent Living*? Get a copy at the B&G office or call Merienda Fortune at 399-5527 to send you a copy. You will find some new services made possible by our becoming a Continuing Care Retirement Community.

Here are some *free services* that may surprise you: replace your hand held shower head, replace your damaged kitchen sink, replace a faulty ceiling fan, install and program your new TV, clean your chimney and hot air ducts, replace shower rod and towel bars, resurface worn bath tubs, make new door keys, paint/seal your fence and deck, replace an existing fence and a rotted/damaged planter border, replace worn-out stoves, refrigerators, microwaves, dishwashers, washers and dryers.

*Pay for the materials*, and our skilled B&G men will install *without cost* new kitchen and bath faucets, a new ceiling fan in a room without one, an exhaust fan in your bath, a gas log in your fireplace, install upgraded cabinets, knobs, shower doors, security screen doors, even paint a room other than Navajo white!

*Pay for materials and necessary labor* and these benefits are possible: a tankless water heater, a handicap accessible shower, film on your hot, sunny windows, dual glazed windows, a deck, a skylight or solar tube, etc. etc.

There is no need to wait for a 10-year renovation for many helpful house improvements, and delayed maintenance often costs more in the long run. Use our Building and Grounds services for all they are worth! And they are worth a lot to us.

*-John Denham,  
Building and Grounds Advisory Group*

### IN REMEMBRANCE

Margaret "Peg" Wilke

October 17

Entered Pilgrim Place 1989

## MySpace.mod

Do you remember the story that Tom Ambrogi recounted last year during our December Town Meeting? "It's coming, it's coming!" the little boy exclaimed. His face was beautifully painted. He had a large balloon in one hand. The other hand held a ticket for a ride on the Mayflower on Wheels. The ship was in sight. His excitement was beyond description.

"It's coming!" November and December are now in sight which mean the Festival, Thanksgiving and Christmas are approaching. For our Pilgrim community, these oncoming fall and winter seasons certainly have us focused. It is not simply upon the work to be accomplished and the many community and family activities being planned. Rather, during this season of the year we turn our local attention in gratitude for the community and the gifts of sustenance that surround us. I think of the contributions of our Pilgrim Place staff who provide health, food, building and grounds maintenance, housekeeping services, and our administrators and Board of Directors who keep our community on a steady course. I think of those members of our staff and their families who help us during the days of Thanksgiving and Christmas. We often forget the adjustments that they make in their holiday celebrations. I think of the construction crews who are providing new facilities for people whom we will eagerly welcome during the next 20 months. I think of my fellow Pilgrims as they care for one another in times of need. I am grateful.

Within this context of gratitude, I am reminded that the Festival is another example of our caring community. As we have said repeatedly, it is part of the glue that holds us together. At Thanksgiving we can celebrate the life and work of this caring community. Then, soon after calm returns to the campus (give or take the hustle and bustle of our construction projects) the bright and colorful lights of Christmas begin to appear.

As we find ourselves vigorously preparing for the activities and celebrations of these next two months, let us also interpret these busy days as ways of celebrating the miracle of our community of Pilgrims. "It's coming, it's coming!"

*-Dean Freudenberger*

## Considerations from the CEO

### Changing Seasons

It takes a bit of resolve for a born and bred New Englander to acknowledge that California has seasons. When I first arrived here eleven years ago, I found great delight in wearing short sleeve shirts in December while others were wrapped in wool. I loved the myth of endless summer and would not give in to the reality of 50 degree evenings.

Well, times have changed. I've pulled the tweed sport coats from the back of the closet and will occasionally turn on the heat in the morning when I can see my dog's breath in the kitchen. It feels better to acknowledge that it really *is* cold, despite my desire to perpetuate the myth of living in a semi-tropical paradise.

Over the years, I've also noticed that I've modified some of my perceptions about Pilgrim Place as well. Its reputation as a gathering of intellectual and spiritual giants, for example, preceded my first interview with the Search Committee. I felt very "small" as I approached Abernethy Dining Room for the first time! Then I discovered that most everyone here spoke the same language while experiencing similar faithful questions and fears as did I! It was a revelation to discover that we didn't acknowledge our well-earned titles in the telephone directory! I was relieved to be able to modify the myth, while still celebrating the reality.

Some myths and realities are easier to debunk or acknowledge than others.

In recent conversations with newer and some current residents, Pilgrim Partners and would-be applicants, I find there are a number of myths that have been perpetuated both by us and by others about the nature of our community. Some will chalk this up to the concept of "branding" – the ascription of certain perceptions that evolved over the years....and could take as many to change. Other perceptions may simply be the result of being caught in a time-warp.

As we move into a season of accelerated change at Pilgrim Place due to our new status as a CCRC - the campus redevelopment effort - our evolving admission criteria - the powerful forces at work in the wider culture that are redefining retirement - assumptions

## RESIDENT INTRANET UPDATE

A few reminders about the password-protected resident section of the Pilgrim Place website:

- Online pictorial directory is kept up-to-date re: resident contact information - so please let me know if there's a change in yours.
- Updated resident information in B&W printed directory format is also available online - and can be printed by clicking the icon "Resident Directory PDF."
- A copy of the pictorial directory is available for viewing on the table in Garden Lounge.
- Construction updates - including photos, weekly news from Steve Rogers and a Master Project schedule - are available on the "Campus Development" page.
- Training for online calendar will be scheduled after Festival. Watch for details.
- Finally, please contact me at 399.5573 or [slikens@pilgrimplace.org](mailto:slikens@pilgrimplace.org) if you are having difficulty accessing this new site or if you have forgotten (or simply need) the log-in information. *-Sue Likens*

## RESIDENTS' ANNUAL GIVING

### GOAL: \$230,000

Cash Received	\$138,749
Pledges Outstanding	\$53,372
Total	\$192,121

Residents participating: 144 plus 5 who have pledged but not paid for a total of 149

about volunteerism - our narrowly defined heritage - and challenges to our charitable case for support, it might be healthy for us to take some time to reflect on where we've been, who we are now ....and where we're heading.

Like the shifting light and modified temperatures of autumn, seasonal change can be reinvigorating, comforting, but also disorienting. As we affirm some legacies while opening ourselves to new insights about Pilgrim Place, my hope is that we will continue to embrace our evolving realities and changing circumstances. *-Bill Cunitz, CEO*

## ANNOUNCING

### CHAPMAN UNIVERSITY CLOCK CHANGERS

On Sunday, November 1, (the day we revert to Pacific Standard Time), students from Chapman University will join us for the noon meal, and then be available to help Pilgrims with their electronic needs. They will come to your home to reset clocks, show you how to use or program your DVD player, enter numbers on your cell phone, help you organize cords that are tangled under your desk. They will collect names after lunch and work out a time to meet with you in your home. Be certain to take advantage of this service these wonderful students offer to us here at Pilgrim Place.

### ANDIRON CLUB

The next regular monthly gathering will take place on Wednesday, November 4, 11:00 a.m., Decker Hall. Annie Wu King, who, along with her partner Donna Blackstock, we have recently welcomed to Pilgrim Place, will be the speaker. Annie was born in Nanchang, China. She is the daughter of an American missionary nurse and a Chinese father who graduated from Yale-in-China Medical school. When she was eight months old she contracted polio. She is a graduate of the University of Pennsylvania with a B.A. in Oriental Studies.

For a time she and her husband Doug King served as missionaries in Indonesia. Later she served on the national staff of the Presbyterian Church (USA) in Louisville. She holds an MSW degree and has worked with people with disabilities and as a psychotherapist in private practice. She has much to share and we urge you to join us “in front of the Andirons in Decker” to hear Annie’s story and learn more about her broad range of interests which include Asian art and writing.

—Larry Schulz

### NEW RESIDENT ORIENTATION

The next session will be held on Thursday, November 5 at 4:00 p.m. in the Jeanne Biane Room in the Health Services Center. The program will focus on wellness opportunities and levels of care available to Pilgrim Place residents. All new residents are encouraged to attend and meet members of the Health Services staff. The program will conclude with a tour of the Health Services Center. RSVP requested by contacting Janet Cromwell at [jcromwell@pilgrimplace.org](mailto:jcromwell@pilgrimplace.org) or 909-399-5504.

### SCROOBY CLUB PRESENTS

**Saturday November 7, 7:00 p.m., Decker Hall.** In partnership with the Festival Committee, a “Pre-Festival Show & Tell” will feature displays of the handmade arts, crafts, and collections that you have created for the various Festival booths. To be included with a presentation, contact Pudge Hartmire in advance. To be included in the audience, just come! No ‘sales’ at the preview.

**Tuesday December 1, 7:00 p.m., Decker Hall.** A vicarious river adventure with Eleanor Scott Meyers.

### PILGRIM TOURS HOLIDAY EXTRAVAGANZA

*Citrus College • Saturday, December 5 • \$32*

When you sign up early for the Pilgrim Tours Christmas Concert at Citrus College you are doing two wonderful things. First, you are choosing to kick off December with a burst of holiday spirit. You will smile, even laugh along with your neighbors, and quite possibly burst into song—both at the concert itself and also at the festive “cocktail party” hosted by Dale and Jeanne immediately following the concert. And second, you will be supporting the students and faculty of the Citrus College Performing Arts Department who volunteer their considerable talent at this event in order to augment the budget for their spring program. In this era of community college budget cuts your participation means a lot! We will leave Pilgrim Place after an early lunch for a 2:00 p.m. matinee.



### CONSTRUCTION UPDATE

Construction work ramps up noise and action. The foundation for the Norton Garden project is dug, the foundation and pad concrete poured, and the underground work on the site is pretty much completed. Soon the “sticks in the air” will appear as carpenters move onto the site to begin the above ground (and more visible) part of the project. Later this month the fence for the Assisted Living Facility (Brooks Court) will go up and demolition will take place. We have learned some lessons: watch for the big trucks entering and departing the campus, avoid walking or carting streets where trenches are being dug for underground utilities, keep windows and doors closed when the project stirs up dust, enjoy the hospitality of those who’s apartments overlook the work and join them in the fascination of complex work being carefully choreographed. Work will pause for Festival but we can be proud this year to show our visitors what is taking place in our midst. Please let me know if you have questions.

—Paul Kittlaus, Resident Liaison

## As I See It

*A supplement for Pilgrim Place NEWS  
for expression of mind and heart offered  
for common thought.*

### AFGHANISTAN SEEN THROUGH TWO POWERFUL NOVELS

Many of us probably read *THE KITE RUNNER* when it was first published in 2003 and made the NYT best seller list. I re-read it recently. And I have just finished, for the first time, *A THOUSAND SPLENDID SUNS* by the same author, Khaled Hosseini. Both books are extraordinary and deeply moving, an amazing combination of tragedy and hope. And, for those of us – too many, I fear- for whom Afghanistan is nothing more than a name, linked with the name of Osama bin Laden, and the scene of seemingly unending war, these novels reveal something of Afghanistan's soul and of its ancient as well as contemporary culture and traditions. Part of their power is due to the author's wonderful gift as storyteller. Since 2006 he has been a U.S. envoy to UNHCR, The UN Refugee Agency. Both books are in our library, I urge you to read them.

*-Eva Fleischer*

## Thank You

Just as there are no words to express the profound grief that we (like so many of our fellow residents) have experienced at the loss of a child, so we are finding no words adequate to express our appreciation of the remarkable evidences of support you have given us since Bruce's death. Prayer, hugs, visits, cards, food, special presence with Betty in the aftermath of her fall, your affirmation of our sharing with the community what was happening to us, and such subtle and simple things as smiles, handclasps, and glances across the room evidence your love, and dig deep channels for God's love and support. We thank you; special thanks to all who planned, led and provided support for the service of commemoration. How unfathomable is our gratitude to our Pilgrim Place community!

*-Betty and David Jamieson, Kirk Jamieson &  
Sarah Jamieson Shrum*

## About Pilgrims

While **Ken and Eloise Dale** were visiting Japan in September, Ken's book, *SEEKER'S JOURNAL*, came off the press after a year and a half of translation efforts. The Japanese title is *Kyudosha no Tabi* (A Seeker's Journey). It was published by Lithon Press, which specializes in church related publications.



27 Pilgrim Place residents and staff gathered for a photo in honor of *Breast Cancer Awareness Month*. All are breast cancer survivors with remarkable stories of what they've experienced. Such resiliency!

# WELCOME

## *Introducing Virginia Bergfalk*

My life has been a journey of expansion and deepening, from being defined by others to finding and expressing who I always have been. It has been a continuous exploration of the world and the cosmos and who I am in it—always drawn, led, or shoved by the Holy Spirit.

I grew up in one place: Rahway, NJ, then the last town in metro NY. My house, faced north with unbroken suburb and city. Behind were only fields, woods and streams to explore. So I am a person who loves deeply and am at home in the natural world and, equally, the energy and cultural riches of the city, a defining geography.

After high school I thoroughly enjoyed college at Cedar Crest in Allentown PA (still class correspondent) where I grew from small town NJ girl to world citizen. I have lived in Africa, traveled in Europe, in Africa & India top to bottom, Israel, Turkey, Afghanistan, China/Tibet, Egypt, Jordan [Petra], North America, Mexico, and Peru—all unimaginable when I was growing up in Rahway. After college, and a year at Union Theological Seminary in NYC, I was called to be a Congregational missionary in South Africa with my ordained minister husband and was privileged to be part of the struggle there from 1958-1969, especially with Zulu-speaking people. It was my great privilege and joy to be a uniformed member of the organization of Zulu Congregational Women, to work with Zulu youth, and to be a trainer and founding member of a national ecumenical training organization that brought people of all races together for the first time and promoted experiential learning in shared leadership and educational design.

On returning to the US, it took me nine years to find myself aided and abetted by wonderful and courageous women, including Betty Genne, founding and coordinating several women's centers, leading and training in Family Clusters and Parent Effectiveness, and three years as a crisis intervention and job counselor to discern my vocation. The Holy Spirit guided me back to Union at the age of 44 and to ordination in Kingston, RI in 1981. All these shifts were like the Holy Spirit working on me in "SURPRISE!" MODE.

My first installed pastorate was to start a new UCC church from scratch in Maple Grove, MN. Since then I have served UCC churches in the Bay area, NJ, CT, MN again, and Oracle, AZ, always as the first woman pastor. Since retiring in 1997 my journey has included a year as campus minister, deep inter work and a coming into myself as a woman. Along the way I birthed and nurtured three unique and wonderful daughters in South Africa, lived through a divorce in 1985, and now have five beloved grandchildren in MN, VT and CO.

I enjoy reading a lot, travel, dancing and dance performance, live and recorded music, live theatre, good cinema, and most especially being with people one-on-one or in small groups sharing good conversation and the ups and downs of our journeys. Making it possible for that to happen for women and elders has been a priority for me. I am a trained Spiritual Director, love to do weddings and hope to continue those ministries. I have been active in groups that are looking at aging as a time to harvest our lives and to become sages and mentors. I was also actively engaged in building several residential people-oriented communities in Tucson using sustainable materials and landscaping.

I have created things with clay, stone, paint and words. I still write. I still love to dance. Dancing from age 5, I was choreographing in high school and college and have loved InterPlay since 1988. I no longer play tennis, ice skate, roller blade or hike, but hope to boogie board, snorkel and sail again. Also kept my camping equipment. Who knows...?

### ***For Your INFORMATION...***

An informal gathering will be held for Pilgrim Kin—daughters, sons, sisters, brothers, or anyone related to current or past Pilgrim Place residents—right after booths close on Festival-Friday until 6:30 p.m. Its an enjoyable way for "PKs" to meet one another, enjoy refreshments and hear from President Bill Cunitz on progress of the Campus Development Project.

While invitations are being mailed, we hope you will encourage family members who are here during Festival to drop by for a few minutes - or stay as long as they are able.

*-Joyce Yarborough*

### *Introducing David & Penelope Mann*

Penelope grew up in Columbus, Ohio the daughter of a deeply committed Congregational minister with a strong sense of social justice. Her parents met at Chicago Theological Seminary after which her mother became actively involved in Community Theater. Penelope's special loves were dance, drama, and singing in the choir every Sunday. Hers was an active, engaged family. She became very involved with campus ministry at Ohio State University and continued her faith exploration there. When she went on to Union Theological Seminary she continued her dancing, and she met David.

David was born into a strong Methodist family in Pomona, and was delivered by his physician uncle. His grandfather was organist at the First Baptist Church in Los Angeles. David's parents quickly moved to Bakersfield where his father taught U.S. Government and civics. David and his sister were given an orientation to service and an awareness of poverty through their church that included visits in the farm labor camps. Although he earned a B.S. degree in Electrical Engineering at Cal Berkeley, after a summer project with World Council of Churches in Nigeria, he decided to leave engineering. He went to Union Theological Seminary to study theology with his eye on racial justice ministries. During his first two years at Union he lived in Harlem, participating in the Metropolitan Urban Service Training Program (MUST).

David and Penelope were active with other seminarians against the Vietnam War. They shaped some worship experiences and public demonstrations using dance, improvisation, and even a bit of guerilla theatre. They fell in love in a setting of "play and protest" and were married in 1969 just before moving to California.

In the 1970's they went to several "Four Springs Retreats" with the Guild for Psychological Studies. They studied scriptures using various art forms and a Jungian psychological lens. They learned how to look at and face one's own shadow, and the whole process of individuation. It was a "life shaping" experience contributing strongly to the future shape of their marriage and ministry. As man and wife each with unique gifts, they covenanted together that both of their careers would be impacted equally by parenting. They decided to co-parent and co-work, as their sons Joshua and Lucas were born. After 1972 neither

worked full time for the next 12 years! Penelope worked at the Stanford YWCA while David was youth pastor at 1<sup>st</sup> UCC Church in Palo Alto and then they were joint campus ministers at Stanford University.

From 1976-84 they served as co-directors of the Fresno "Metro" ecumenical urban ministry. They were instrumental in developing an affordable downtown cooperative day care center. Metro specialized in helping clusters of congregations improve their communities through planning, organizing, and faith-based action. During this time both continued sharing half time parenting.

When Penelope wanted to return to a more interpersonal and artistic side of herself their directions diverged, but not the shared parenting. She was called as Pastor of Mount Hollywood Congregational Church where she served for seven years. In 1990 they moved to their home in San Jose, and she served as Campus Minister of the United Campus Christian Ministry at San Jose State. From 1994-2003 she served five UCC congregations as an intentional interim. During this time as a "sideline" she became a teacher and performer with "InterPlay"—a body wise practice which uses movement, story telling, stillness and voice in an atmosphere of fun, affirmation and improvisation.

Meanwhile, David had joined PICO (People Improving Communities Through Organizing), now a national faith-based organizing network. He commuted to Orange County to do training and organizing with congregations there and in the Inland Empire, and for 17 years was Executive Director of two PICO-related organization in San Jose and the San Francisco Peninsula. For six years he also co-taught a course on "Pastor as Organizer" at the Graduate Theological Union in Berkeley.

The Mann's two sons now live in San Diego and helped them move into their new home at Pilgrim Place. They love being near their two granddaughters and one brand new grandson. Both plan to share babysitting one day a week. Penelope still enjoys singing, dance and storytelling through InterPlay and may do more of it as time permits. David looks forward to making pottery, gardening, and writing. He also continues to work 20% of his time as a PICO consultant.

*-By Polly Gates*

# Calendar

## Sunday, November 1 - Chapman Students •

10:15 a.m. HSC Worship  
Leader: David Puntney  
Musician: Norma Puntney  
Soloist: Dwight Vogel

## Wednesday, November 4

11:00 a.m. Andiron Club •  
7:00 p.m. Emily Dickinson Conversation

## Thursday, November 5

4:00 p.m. New Resident Orientation •  
7:00 p.m. Vespers  
Leader: John Rogers  
Music: Pilgrim Brass

## Saturday, November 7

7:00 p.m. Pre-Festival Showcase •

## Sunday, November 8

10:15 a.m. HSC Worship  
Leader: Henry Hayden  
Musician: Eloise Dale  
Soloist: Hayden Adams

## Thursday, November 12

7:00 p.m. Festival Vespers

## Friday & Saturday, November 13 & 14

10:00 a.m. - 61st Annual FESTIVAL  
4:00 p.m.

## Friday, November 13

4:15 - Pilgrim Kin Reception •  
6:30 p.m.

## Sunday, November 15

10:15 a.m. HSC Worship  
Leader: David Jamison  
Musician: Halee Spriggins  
Soloist: Shirley Washington

## Tuesday, November 17

1:30 p.m. Deadline for December Newsletter

## Wednesday, November 18

10:00 a.m. PPRP Meeting •

## Thursday, November 19

7:00 p.m. Holden Thanksgiving Evening Prayers

## Friday, November 20

1:30 p.m. PPRP Meeting •

## Sunday, November 22

10:15 a.m. HSC Worship  
Leader: Glenn Trost  
Musician: Eleanor Dornon  
Soloist: Becky Dornon

## Thursday, November 26 - *Happy Thanksgiving!*

Office Closed

No Vespers

## Friday, November 27

Office Closed

## Sunday, November 29

10:15 a.m. HSC Worship  
Leader: Howard Rice  
Musician: Bill Cundiff  
Soloist: Mary Russell

• Denotes NEWS item

### Chaplains

Ann Appley and Ken Dale

### November Guest Rooms

Primary/Anna Mae Towne/621-5381

Back-Up/Nancy Rice/626-2707



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SERVICE  
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