



February 2012

INTERGENERATIONAL NAPIER COURSE UNDERWAY AT CLAREMONT COLLEGES

On Wednesday January 18, eleven of our Pilgrim Place residents began a 14-week learning adventure with 20 undergraduates. The Course offered for all five undergraduate colleges is originating in the Religious Studies Department at Pomona College with Professor Jerry Irish. His co-teacher, on behalf of the co-sponsorship of this class by our Napier Initiative, is David Mann. The course is called *“Religion, Ethics, and Social Practice: An Intergenerational Learning Partnership on Vocations for Social Change”*

Some of the books the class is taking on in the first half are *THE PLAGUE* by Albert Camus, *DEAD MAN WALKING* by Helen Prejean, and *BEING PEACE* by Thich Nhat Hanh. The Pilgrim Place residents who are in the course include: Charles and Wendy Bayer, Terrence Donnelly, Jane Harmes, Jim and Joann Lamb, Peg Linnehan, Phil McKean, Lynn Rhodes, Penelope Mann, and Teresa Wilson. If you are interested in seeing our syllabus get in touch with David Mann.

On Wednesday, February 1, our class will meet at Pilgrim Place in the afternoon. The Napier Initiative will be hosting the 20 sophomores and juniors in the class for lunch. Many of you might have an opportunity to sit at the table with these interesting students. This is all part of the Napier vision of creating opportunities for interaction with these college students sooner than their senior year.

-David Mann

“Never doubt that a small group of thoughtful, committed people can change the world, indeed it’s the only thing that ever has.”

-Margaret Meade

PETTERSON MUSEUM FRIENDS

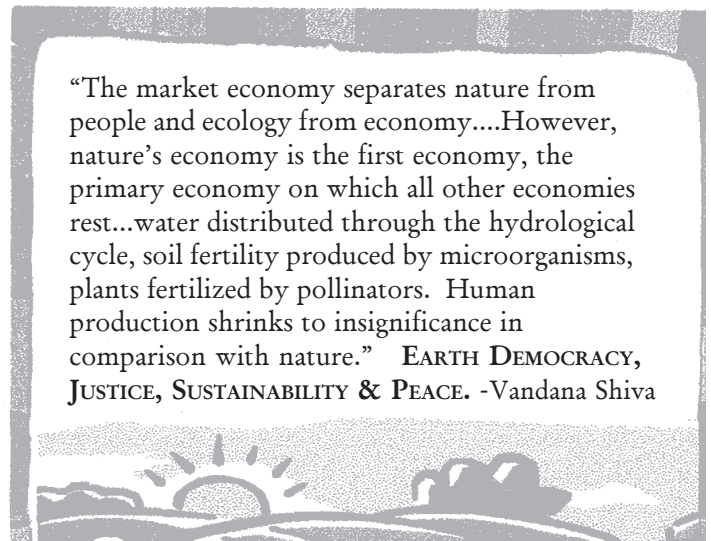
Meher McArthur, freelance Asian Art Author, Educator, and Curator of East Asian Art at the Pacific Asia Museum, Pasadena, will be the featured speaker at the Annual Meeting of the Petterson Museum Friends on Wednesday, February 15, 7:00 p.m. in the Napier Common Room. Educated at the School of Oriental & African Studies at the University of London, Meher will be speaking on “Origami as a World-Wide Phenomenon.”

A brief business meeting will be held at 6:30 p.m. followed by refreshments and the talk.

The Museum Friends is a membership organization open to the public as well as Pilgrim Place residents. Since its founding in 1968, the organization has provided ongoing support for special programs, activities and community outreach. Today, almost 10,000 pieces of folk art, fine art and material culture are stored and exhibited at the Museum.

-Dwight Vogel, President

“The market economy separates nature from people and ecology from economy....However, nature’s economy is the first economy, the primary economy on which all other economies rest...water distributed through the hydrological cycle, soil fertility produced by microorganisms, plants fertilized by pollinators. Human production shrinks to insignificance in comparison with nature.” **EARTH DEMOCRACY, JUSTICE, SUSTAINABILITY & PEACE.** -Vandana Shiva



THE AMAZING FESTIVAL

The statistics are amazing. Thank you letters to volunteers at the 2011 Festival went out to 1009 people. Actually there were more since we know that not every volunteer registered. This volunteer time, if paid for, would amount to over \$25,000! No one knows the number of hours put in by Pilgrims, for the festival is a year-round endeavor of preparing, creating, and selling arts, crafts, clothing, books, furniture, and all the miscellaneous items. It is truly amazing what is accomplished by the team called Pilgrim Place!

Fortunately not every month is as intense as November but the Festival happens and serves a significant role in the care of our residents because of the work we do all year long. During this more relaxed part of the Festival year I urge those of you not presently involved in some aspect of the Festival's work to consider where you would like to serve. It is our hope that every Pilgrim will enjoy what is done for our common effort. We urge you to identify where you want to make your contribution. A number of activities are year long and provide income to us throughout the year. Some of the booths or activities are in need of new leadership and more participants. It is amazing how new help comes when we need it.

I am happy to report that new chairs for Miscellaneous are Pudge Hartmire and Grace Moremen, replacing Marie Losh who has provided outstanding leadership for a number of years. It is also good news that Dale Morgan will again direct the Festival play this year. I am happy to serve as the new chair of Festival because this is such an amazing place!

-Bob Wallace

RESIDENTS' ANNUAL GIVING

On behalf of the 2011 Resident Annual Giving Committee, many thanks for your participation and generous contributions toward our goal. Your support - **76% of Pilgrim households contributed \$172,368** - helped to move us closer to person-centered care in neighborhood settings at the Health Services Center. We are most grateful.

-Genie Holmes.

Barbara's Byline

A major opportunity for the Town Meeting Moderator is listening, especially listening with the heart as well as with the mind. It is a privilege for me to be your TM moderator this year – and I begin my work among you with a listening mind and heart.

Many years ago in my first term at Union Theological Seminary, New York, Old Testament professor (and later Pilgrim Place resident) James Muilenburg often used the phrase about some rulers and prophets that they would “hearingly hear.” Dr. Muilenburg encouraged *us* to “hearingly hear” the great figures of Hebrew scripture, both their persons and their message, as these impinged upon our world. Much later in Clinical Pastoral Education, our supervisor encouraged us to “listen with the third ear,” to listen beyond the words spoken by a hospital patient, to listen for the deeper messages of feelings, of longings, of heartfelt anguish and hope.

For those of us at Pilgrim Place who have impaired physical hearing, it is still possible to listen actively. In fact the attentiveness of some of our hearing-impaired friends to facial expression as well as to the words formed by our lips offers us a great gift. These residents employ a third ear. As your moderator I would like to hear you with a third ear. I want to learn what you sense about our intentional community, and what you hope will evolve in the future of “our town.” I look forward to our conversations, our interactions, and our dreaming-and-visualizing in collaboration with one another.

As a clergywoman who gradually grew into claiming her own authority in ministry, I did interviews in the 1990's with other clergywomen. I raised such questions as, “*How do you claim your authority while encouraging and supporting mutual ministry?*” I offer this question to you. All of us have God-given inner authority out of which we live our lives. We also live together in mutuality with one another. Many comments have been made about the unique intensity of shared collaborative leadership at Pilgrim Place. Residents (individually and in groups), staff, and board share responsibility and authority. Sharing seems to work well because we hear one another.

May all of us listen attentively at our daily meal tables, at our forums, at the other gatherings hither and yon around this campus and beyond. May we “hearingly hear,” perhaps especially the voices and viewpoints different from our own. In my nine years here I have learned much from so many of you. I look forward to encouraging this process, as together we continue to build and enhance this beloved community.

-Barbara Troxell, Moderator

Considerations from the CEO

Pleasing All the People All the Time?

Can a 12 page survey provide an accurate accounting of how residents feel about their life at Pilgrim Place? Perhaps. Vital Research, LLC of Los Angeles has been providing insight into that question for CCRC's all over the country for almost 30 years.

They recently conducted a second resident satisfaction survey for Pilgrim Place since 2005 and now provide us with a picture of how approximately 270 residents (a response rate of 85%) graded our community on a variety of topics and compared our results with residents from hundreds of other CCRC's across the United States who have taken the same survey.

On the surface, Pilgrim Place comes out very well. Overall satisfaction among our residents in Independent and Assisted Living was 97%, exceeding the 90th percentile benchmark. Scores of 12 of the 13 benchmarks also met or exceeded the benchmarks. On average, Pilgrim Place residents scored their satisfaction levels higher than 90% of all others CCRC residents across the country.

For some administrations and Boards of Directors, such results might provide an opportunity to engage in a bit of back-patting and high-fives. I don't want to take anything away from the accolades that are justly deserved in many quarters of our community. Great affirmation was recorded for most resident services, programs, and especially for the general culture of Pilgrim Place as it relates to intentional community, the support of staff and other residents, intellectual stimulation, our location in the wonderful college town of Claremont and a beautiful, well-maintained campus.

But there were also several areas that were consistently ranked a bit lower than the others. And so, we will be turning our attention to exploring ways that we can:

- Offer better options for flexible and affordable transportation
- Help staff become more aware of the perception that they sometimes get angry or impatient with residents
- Communicate more effectively why rate increases and fees are necessary, especially in light of numerous fund-raising appeals.
- Offer more consistent and supportive services around resident transitions.
- Better align staff/administration practices with residents' concerns re: environment and justice issues....and more transparency of administrative policies/decisions.
- Simplify our resident Admission process

In many ways, Pilgrim Place, like most institutions, is a work in progress. We are grateful for the thoughtful responses of so many residents to the December 2011 Satisfaction Survey and look forward to celebrating the strengths and addressing areas in need of improvement in this new year! Several copies of the Survey results with 45 pages of details of all of the categories of response have been placed in the resident library for closer study.

-Bill Cunitz, President/CEO

FIRESIDE CHATS BEGIN

I have used the "Fireside Chat" model as an opportunity to share information and have constructive dialogue with residents on topics of their choice. The agenda is open and much less formal than a council meeting or Forum venue. This model provides the opportunity for candid discussion on topics that are relevant and timely to all residents attending. It is not, however, the venue for discussing personal issues that are best handled in private one-on-one discussions. I invite

you to come to my first "Fireside Chat" at Pilgrim Place on Friday, February 24 at 11:00 a.m. in the living room at Friendship Court. Space will be limited, so if you want a seat, you may need to come early. For this first meeting, I will be inviting members of the Health Services Advisory Group to attend as my special guests. Each month I will invite a guest as well as change the location to accommodate all residents no matter where you live at Pilgrim Place. I am looking forward to our time together.

-Sue Fairley VP Health Services

ANNOUNCING

ANDIRON CLUB

The next gathering will take place on **Wednesday, February 1, at 11:00 a.m.**, in Decker Hall. Margaret Meier, a recent resident although known to many of us, is the first woman to receive a Ph.D. in composition from UCLA (1983). She has taught at a number of universities in California and is currently a part-time professor at Mt. San Antonio College (Mt. SAC) in Walnut. She has also served as music director in a number of churches,

Margaret's compositions, which have been performed throughout the United States and in Europe, are from many genres: orchestral, choral, art songs, chamber music, opera, piano and organ works.

Margaret is, as she says, a Survivor of Childhood Sexual Abuse (for which she coined an acronym (SOCSA), and after she worked her way through that experience, she wrote the words and composed the music for a cantata that is entitled the SOCSA Quilt.

This is a not to be missed opportunity to get to know more about one of our neighbors. *-Larry Schulz*

SPECIAL TRAINING SESSIONS

Duplicate demonstration and training sessions on "How to Use the Pilgrim Place Calendar and Website" will be held **Monday, February 13 and Friday, February 17, 1:20-2:15 p.m.**, Decker Hall. *-Gene Boutilier*



AMISTAD OPEN HOUSE

From Our Hearts To Yours...an invitation to the Amistad Open House at 633 Leyden Lane on **Tuesday, February 14 from 3:00-4:30 p.m.** All residents and staff are invited to visit our apartments and share some Valentine's Day treats. Take the stairs or the elevator to the 2nd floor.

A FORUM ON VISION ISSUES

A presentation titled, "Seeing Well into the Future," will be held on **Wednesday, February 15, 11:00 a.m.**, Napier Common Room, led by resident Chris Chase, Ph.D. and Jasmine Yunmori, O.D. from Western University of Health Science's College of Optometry. Discussion will focus on some of the major health issues that affect vision as we get older. Topics include: driving, cataracts, glaucoma, diabetes, and macular degeneration, concerns facing many in our community. Sponsored by Health & Wellness Committee. *-Pat Light, Chair*

PILGRIM TOURS VISITS DESCANSO GARDENS

Join your neighbors on Wednesday, February 22, for day under the famous blooming camellia "trees" in Descanso Gardens just west of Pasadena in La Canada. Descanso is the beautiful but lesser known sister to the Arboretum.

Our visit will include a narrated tram ride carrying us under the camellias, through the oak forest, alongside the enchanted railroad, and near the lakeside bird observation area, with stops at the new botanical photograph gallery as well as the exquisite Japanese garden. With a little luck we may even glimpse California poppy, iris, and lilac blooms!

Meet the bus in front of Porter Hall in time for a 9:45 a.m. departure. We will enjoy our tram tour at 11:00 a.m., followed by lunch "on your own" at the outdoor cafe! After lunch you will have time to explore the gardens and galleries on your own until we meet to depart for Pilgrim Place at 2:30 p.m.

The \$30 cost includes bus, entrance, tram tour, and that little something extra you have come to expect from Pilgrim Tours! **Special note:** If you have a valid annual pass for Rancho Santa Ana Gardens, you have reciprocal privileges at Descanso and can therefore deduct \$6 from the cost of our trip! Sign up today in the Garden Cafe.

-Jeanne Halverson & Dale Morgan

"OUR TOWN" IS COMING TO OUR TOWN

It's a play everyone of us knows, most of us have seen, and many of us have taken part in over the years. On **Saturday, February 25, 7:00 pm**, all of us will have an opportunity to experience Thornton Wilder's greatest play in a totally new way. The "Oral Tradition" of the Pilgrim Place Scrooby Club is presenting a *reader's theater* production of the Pulitzer-awarded and quintessentially-American play on the Decker Hall stage.

Our spoken arts version, like the original 1938 production, is intended to be in the "minimalist tradition." There is no scenery or special costuming save that which is colorfully painted in the rich imagination of the mind's eye of the audience. True to the *oral tradition*, this reader's theater production features only the well rehearsed voices of friends and neighbors to create the timeless characters in the play.

This Pilgrim Place production will be the first of Wilder's peerless play since the legendary resident, the late Bob Dewey, directed and performed as Stage Manager in his adaptation of play's moving final act. Entire Pilgrim Place community and guests are most welcome.

-Ron Evans

WOMAN'S PERSPECTIVE FORUM

All women and men are invited to the Woman's Perspective Forum on **Wednesday, February 29, 11:00 a.m.** in Decker Hall. Leader will be Judith Favor. She and a team of others will lead a program about spiritual direction. They will model some aspects of spiritual direction as they explore the following questions:

What is the art of spiritual guidance?

How can one person direct another, anyway?

Isn't the Holy Spirit the true director?

How do we practice holy listening?

Such questions are real, and sometimes urgent. So is the need and hunger for soul companionship. As amateurs, we struggle to define the ministry of spiritual direction even as we are called to respond to those who yearn to know themselves in relationship to God. We'll explore this sacred terrain.

Whether you are familiar with spiritual direction or not, or are just curious about how it works, save the date and plan to attend this enlightening forum. *-Jane Harmes*

NEW TAI'CHI CLASS IS BEGINNING.

Learn the Yang 108 style form. Join us Thursday afternoons from 4:00 to 5:00 p.m. on the lawn in front of Porter Hall. Wear loose, comfortable clothing. Beginners and those with experience are welcome. See Dave or Eleanor Loeliger for more information.

THE CRANES IN ABERNETHY DINING ROOM

The cranes were a gift to Pilgrim Place from former residents Dr. Edward M. and Petra Clark probably just after WWII. The embroidered scene was made by farming women during the Meiji era (mid-late 1800s) in northern Japan in the Sendai area during the winter months as an alternative source of income when the weather was too harsh to work in the fields.

The women not only raised the silk worms, they processed and dyed the silk making it into embroidery yarns. Then they executed the entire embroidery in layers, carefully combining different vegetable-dyed blues and greens (long since faded to shades of gray) to create a 3 dimensional effect. Pieces similar to ours are at the Spencer Museum of Art in Kansas City and at the Ashmolean Museum at Oxford University in Great Britain.

The cranes hung in Abernethy Dining Room continuously from the time of the gift until they were removed last year for conservation and re-framing. After Carol Gil and student intern Katie Meyers carefully removed several decades of dust and grime by vacuuming it through a nylon screen, Judy Manley and Janyce Pixley worked tirelessly over the summer of 2011 under supervision of professional textile curator Cara Varnell, to restore loose threads to their proper alignment.

In order to protect the silk from further deterioration it has been re-framed in a UV filtering, shatterproof plexiglass that should help to preserve it for the next century and ensure that future residents and visitors will have it to enjoy.

This is an example of the investment in the future that your contributions to the Petterson Museum Friends makes possible. On behalf of the Museum and of Pilgrim Place, thank you to all who helped preserve this historic art. *-Dwight Vogel*

VESPERS AND GRACE LEADERSHIP

Two years ago all residents were asked if they were willing and able to lead Vespers or say Grace at meals. Lists were formed for each category so that those who were willing to lead could be identified and called. Those unable to lead would not, then, be called upon.

Each year those who will be asked to lead Vespers and Grace are offered the opportunity to change the decision from the previous year. We recognize that priorities change and some who have been able to provide leadership are no longer able to do so. Other residents, who previously could not provide leadership, are now able to lead. For this reason, if you would like to change the nature of your commitment, please communicate with a member of the Vespers Committee so that your new status might be recognized. Currently, 145 potential Grace leaders and 96 potential Vespers leaders have indicated the willingness to serve.

In addition, lists of those musicians willing to assist in leadership of Vespers have also been established. If you'd like to provide ministry through music for Vespers services, contact a Committee member. Twenty-seven musicians have indicated the willingness to serve.

Members of the Committee are: *Ruth Auld, Betsy Bacon, Bill Cadwallader, Mary Gindhart, Barrie Gray (chair), Henry Hayden, Nancy Rice and Audrey Sorrento.*



As We See It

*A supplement for Pilgrim Place NEWS
for expression of mind and heart offered
for common thought.*

In 2006, after Paul Kittlaus led a 5-year water conservation effort, water use at Pilgrim Place was cut by 40% and our water bill was only \$57,000. By 2010, however, water use had increased by 20% over 2006, and the water bill had risen to \$136,000.

The 2011 water usage at Pilgrim Place has yet to be tabulated, but the bill was \$186,000. This \$50,000 increase over 2010 is largely due to higher water rates.

Years after resident Marilee Scaff and many Claremont citizens made the case for public ownership, the Claremont City Council has finally voted to purchase Claremont's water rights. But we won't see any cut in water rates for years, so our challenge once again is conservation.

The average American uses 150 gallons/day, or 4,500 gallons/month. At Pilgrim Place during August last year, 30 residential addresses each used over 10,000 gallons of water, and 10 of these used over 25,000 gallons.

To conserve water and cut water costs, we have to reduce the amount of metered water we use for irrigation. This means converting more turf to landscapes with plants requiring less water. Also, we can capture rainwater with barrels and cisterns, and use shower water (graywater) by retrofitting houses. Two homes on campus now have water barrels, and our Buildings and Grounds (B&G) department has scheduled two graywater retrofits.

Individual responsibility is also crucial. If you don't have a low flow showerhead, please ask B&G to install one. Use the low toilet flush for liquid waste. Use washing machines and dishwashers only when full. If you see excessive lawn sprinkling, contact B&G.

In California water related energy use consumes 20% of the state's electricity and 30% of its natural gas, as well as over 80 billion gallons of diesel fuel each year. Using all this energy for water is not only expensive, but increases the carbon in the atmosphere contributing to climate change.

Therefore, to live more ecologically and sustainably in our corner of creation, we need to conserve water. At Pilgrim Place, let's make this a goal for 2012.

The Environmental Concerns Committee

*Marilyn Brunger, Bill Lesher, Beryl Moore, Dick Moore,
Marilee Scaff, Bob Traer, Linda Vogel, Duanne Welsch*

2012 RESIDENT DIRECTORY

The 2012 Resident Directory plus map with resident names (both effective March 2012) are being distributed with the NEWS. Additional copies of the directory can be purchased for \$1 in Administration. While the booklet will not be updated throughout the year, an online version of the directory (however, not in booklet format) will be kept updated on a monthly basis and available for printing, if so desired. In addition, the online pictorial directory is continually updated. *-Sue Likens*

REMINDER...

Be sure to check out our featured exhibit at the Petterson Museum - now through February: **“Ceramic Inspirations: The Works, Influences and Legacies of Richard Petterson”** (for whom our Museum is named). This exhibit, featuring 150 pieces, is our response to the theme of the Getty Pacific Standard Time Project: the post WWII California lifestyle movement.

Thanks

Dear Friends: Thank you for your support of Ruth and me during this past difficult year. We had a wonderful three weeks together at home around Thanksgiving and another week at Christmas. Not able to sustain the care, Ruth returned to the Health Center December 29.

Ruth and other HSC residents have been my gracious teachers about aging and end of life issues. The poem below is a distillation of one set of learnings.

Gratefully, Pat Patterson

About Pilgrims

Residents, who are members of the Claremont Elders with the 99%, have transferred more than \$380,000 from big banks to credit unions or local banks, as a way of resisting Wall Street speculation and supporting local investment.

T.J. Liggett was honored as this year’s “Disciple of the Year” during the Martin Luther King, Jr celebration at First Christian Church in Orange, CA. He attended the celebration with some of his family.

Music by composer and part-time professor of music at Mt. SAC **Margaret Meier** was recently performed by members of the Musician’s Club of Pomona Valley. Also, Margaret was featured as “Artist of the Week” on Thanksgiving by ArtsIndonesia, a 24/7 classical radio station that “streams” on the Internet.

Happy February Birthdays!

Elizabeth Moore	1	Louilyn Hargett	15
Phil Uhlinger	2	Ken Mitchell	16
Bil Kroehler	7	Betty Jo Anderson	17
John Cobb	9	Alma Schneider	17
David Held	10	Virginia Nickerson	18
Toni Shimer	11	Polly Gates	19
Rosemary Davis	12	Lynn Jackson	19
Linda Vogel	12	Ruth Noren	22
Risek Abusharr	14	George Schler	22
Eleanor Dornon	14	Sue Mayfield	23
Shan McSpadden	14	Yasuko Shorrock	24
		Judith Favor	25

DEMENTIA

the mind slowly
slides away
its power to decide is eroded
choosing becomes harder
it loses its center
becomes fuzzy and unclear
it can appreciate
be grateful and joyful
see beauty
in every tiny flower
enter into tree and sky
hold hands with friends
remember family and long ago
say I love you

it loses a clear sense
of past and future
its speech is often halting
tentative slow shy
sometimes friendly
sometimes hostile
the limits it once imposed
with polite regard
no longer always apply
the moment changes
there is a sense of wonder
of passing interest
of drowsy attention
to surrounding phenomena

it is time between naps
and deep deep sleep
it is wanting to do and be
without the power
it is desiring to go home
to get out of here
while not so certain
of where to go
it is wandering
down strange hallways
trying foreign doorways
it is one foot in this world
the other not quite in the next
it is slow heart-wrenching
departure

Calendar

Wednesday, February 1

11:00 a.m. Andiron Club•

Thursday, February 2

7:00 p.m. Vespers – Circle of Care
Leaders: Barbara Anderson
& John Najarian

Sunday, February 5

10:15 a.m. HSC Worship
Leader: Keith Tennis

Wednesday, February 8

7:00 p.m. Emily Dickinson Conversation

Thursday, February 9

7:00 p.m. Vespers
Leader: Stan R. Moore
“The Subversive Jesus”
Pianist: David Lutz

Friday, February 10

6:00 p.m. Napier Awards Banquet

Sunday, February 12

10:15 a.m. HSC Worship
Leader: Henry Hayden

Monday, February 13

1:30 p.m. Special Website Training •

Tuesday, February 14

3:00-4:30 p.m. Amistad Open House •

Wednesday, February 15

11:00 a.m. Health and Wellness Forum •

Thursday, February 16

7:00 p.m. Vespers
Leader: Charles Bayer
“REVISIONING YOUR LIFE;
What an Opportunity!”
Pianist: Donna Danielson

Friday, February 17

1:30 p.m. Special Website Training •

Sunday, February 19

10:15 a.m. HSC Worship
Leader: Maggie Hover

Tuesday, February 21

1:30 p.m. Copy deadline for March NEWS

Wednesday, February 22

9:45 a.m. Pilgrim Place Tours •

Thursday, February 23

7:00 p.m. Vespers – Taize Service
Leader: Miriam Olson

Friday, February 24

11:00 a.m. Fireside Chat •

Saturday, February 25

7:00 p.m. Reader’s Theater “Our Town” •

Sunday, February 26

10:00 a.m. Women Church
10:15 a.m. HSC Worship - Eucharist
Leaders: Judy and Don Chatfield

Wednesday, February 29

11:00 a.m. Woman’s Perspective •

• Denotes NEWS Item

FEBRUARY GUEST ROOMS

Alice Cook (626-7471)

Barbara Mensendiek (621-9447)

FEBRUARY EVENTS COORDINATOR

Suzanne Brown (624-4100)

RETURN SERVICE REQUESTED

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PILGRIM PLACE

