

## WEEK OF JULY 12

### Sunday

Salad Bar

Glazed Ham or *Kidney Bean Mountain Stew*  
Sweet Potato • String Beans • Signature Bread  
Ice Cream

### Monday

Salad Bar

Tenderloin Tips or *Corn & Lima Bean Casserole*  
Brown Rice • Vegetable Blend • Signature Bread  
Tapioca

### Tuesday—International Day (Mediterranean)

Salad Bar

Mediterranean Chicken or *Lentil & Eggplant Stew*  
Couscous • Grilled Squash • Pita Bread/Hummus  
Yogurt/Date/Nut/Plate

### Wednesday - Birthday Dinner

Salad Bar

Honey Hosin Pork Loin or *Tofu Bok Choy*  
Stirred Fried Rice • Broccoli • Signature Bread  
Birthday Dessert

### Thursday

Salad Bar

Swedish Meatballs or *Sweet & Sour Meatballs*  
Noodles • Carrots • Signature Bread  
Apple Pie

### Friday

Salad Bar

Baked Trout or *BBQ Chicken*  
Herbed Quinoa • Brussel Sprouts • Signature Bread  
Ice Cream

### Saturday

Salad Bar

Beef, Tomato & Macaroni Casserole or *Spinach Quiche*  
Cauliflower • Garlic Bread  
Fruit & Cookie

## WEEK OF JULY 19

### Sunday

Salad Bar

Chipotle Honey Turkey or *Fish Veronique*  
Roaster Fingerling Potatoes • Vegetable Ratatouille  
Signature Bread • Ice Cream

### Monday

Salad Bar

Asian Beef w Orange Sauce or *Tofu Stir Fry*  
Brown Rice • Sautéed Bok Choy • Signature Bread  
Tapioca Pudding

### Tuesday - International Day (American)

Salad Bar

Soup & Sandwich Bar  
Apple Pie Ala Mode

### Wednesday (Green Wednesday)

Salad Bar

Barbecue Beef Brisket or *Fish Almandine*  
Baked Potato • Grilled Zucchini • Corn Bread  
Cake/Icing

### Thursday

Salad Bar

Baked Chicken or *Vegetable Lasagna*  
Barley Pilaf • Fresh Broccoli • Signature Bread  
Cherry Pie

### Friday

Salad Bar

Tilapia w/Roasted Cherry Tomatoes or *Glazed Ham*  
Scalloped Potatoes • Glazed Carrots • 5 Signature Bread  
Ice Cream

### Saturday

Salad Bar

Spaghetti w/Meat Sauce or *Roasted Eggplant Parmesan*  
Green Beans • Garlic Bread  
Chocolate Chip Cookie